



The Provisional
Psychologist
Network

GROUP SUPERVISION
CALENDAR JANUARY TO
JUNE 2025



ONLINE GROUP SUPERVISION CALENDAR JANUARY TO JUNE 2025

THE PROVISIONAL PSYCHOLOGIST NETWORK

ABOUT OUR ONLINE GROUP SUPERVISION SERVICES

The Provisional Psychologist Network provides a range of online group supervision topics aimed at addressing the core competencies of the 4 + 2, 5 + 1 and registrar pathways. We have four board approved supervisors who facilitate group supervision; Dr Justine Evans (Clinical Psychologist), Jasmine Kelly (Psychologist), Seng Tan (Educational and Developmental Psychologist), and Kelly Wozencroft (Educational and Developmental Psychologist).

Our groups range in duration, and occur at various times throughout the week to suit your availability. Groups have a maximum of five participants. Cost of group attendance is \$85 per hour per participant.

Please note that our appointments are set to Australian Eastern Daylight Time (AEDT) from the **first Sunday in October** to the **first Sunday in April** during Daylight Saving Time (DST) and Australian Eastern Standard Time (AEST) for the remainder of the year.

All groups are subject to change, and we require a minimum 3 participants attending to facilitate the group. We confirm groups one week prior. We do our best to market groups effectively to minimise the likelihood of groups being cancelled.

HOW TO BOOK

For existing supervisees of the Network you can book online through the client portal at: <https://my.powerdiary.com/clientportal/5541d022-d51c-45cb-bb7d-e289068d2680>

The client portal can also be found on our website at www.provisionalpsychologistnetwork.com

To book through the client portal make sure you click on '**book a class**'. Then you can browse the dates that are available. If you can't see a date, it is because it is full. **Feel free to email us to go on the cancellation list if there is a group you would like to attend but it isn't available.**

For those who would like to commence attending our groups please email contact@provisionalpsychologistnetwork.com with your full name, email address and mobile number. We will create you a client portal login, and provide you with the required forms to complete.

HOW TO ADD A SECONDARY SUPERVISOR TO ATTEND GROUPS

It is easy to add secondary supervisors to your internship plan so that you can count the hours towards your supervision ratio. We can provide you with a signed secondary letter template for your supervisor to sign to send to AHPRA to add our supervisors to your plan (4 + 2 and 5 + 1 supervisees) or we can sign the forms to add to your registrar plan.



- 0447 332 708
- Online via Zoom
- contact@provisionalpsychologistnetwork.com



ONLINE GROUP SUPERVISION CALENDAR JANUARY TO JUNE 2025

THE PROVISIONAL PSYCHOLOGIST NETWORK

CANCELLATION POLICY

To prevent having to cancel groups at short notice, and ensure we are valuing the time our supervisors spend preparing content/the time they put aside to facilitate group supervision (particularly those giving up their evenings or weekends), the following cancellation policy applies.

All group supervision sessions will require at least seven days of notice of cancellation, otherwise a cancellation fee of the full cost of the group supervision session booked will be charged.

Cancellations for group supervision are required to be completed via the booking portal, or via email to contact@provisionalpsychologistnetwork.com. As a courtesy we may send you an SMS reminder for your scheduled group session two weeks prior, and the day prior. However, this is a courtesy service only and should we experience staff shortages or technical difficulties this may not occur. As such, it remains your responsibility to attend the session and the absence of an SMS reminder will not lead to cancellation fees being waived. We encourage everyone to check their diary and have a system in place for ensuring booked sessions are attended.

Group supervision sessions will continue to require a minimum of three participants go ahead. If the group needs to be cancelled for this reason any payment for the session will be fully refunded, and you will be notified a week prior to the group date.

ZOOM LINKS

Please choose the correct zoom link based on the supervisor facilitating the group. Zoom links are listed on the calendar, and are sent to you in your email confirmation when you book your session. Zoom links are also listed on our website here:

www.provisionalpsychologistnetwork.com/zoomlinks.com

IMPORTANT INFORMATION WHEN ATTENDING GROUPS

Please ensure you are not distracted during the session so you can fully participate. **Please try to engage in the session via a computer** and not a handheld device and ensure that you have adequate internet coverage.

You can email your logbooks to admin following the session for signing to contact@provisionalpsychologistnetwork.com

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- 📞 0447 332 708
 - 📍 Online via Zoom
 - ✉ contact@provisionalpsychologistnetwork.com





Dr Justine Evans



Zoom Link: <https://us02web.zoom.us/j/5584403166>

CLINICAL PSYCHOLOGIST

FRIDAY

24TH JANUARY

10AM - 12PM

MENOPAUSE AND MENTAL HEALTH

This supervision session will help participants understand the psychological and emotional effects of menopause, explore hormonal and physiological changes and their impact on mental health and learn evidence-based interventions for supporting clients during menopause. Supervisees are encouraged to actively participate in case discussion and formulation.

FRIDAY

14TH FEBRUARY

10AM - 12PM

WORKING WITH WORKPLACE BULLYING AND HARASSMENT

This supervision session will help participants understand the psychological impact of workplace bullying and harassment, learn to identify different forms of workplace bullying and harassment, and develop strategies to support clients affected by these experiences. This would be particularly helpful for supervisees who work in the employment support sector or regularly work with clients being seen under Workcover.

FRIDAY

28TH FEBRUARY

10AM - 12PM

ETHICS AND AI FUNDAMENTALS IN A CHANGING DIGITAL LANDSCAPE

This supervision session will help participants understand some of the applications of AI in psychology, including areas like assessment and treatment recommendations. There will be case study discussion on key ethical principles relevant to the use of AI in psychology. Participants will be challenged to assess the risks and benefits associated with using AI in psychological practice, including data privacy concerns, bias, and reliability of AI-generated insights.

FRIDAY

7TH MARCH

10AM - 12PM

WORKING WITH DISSOCIATIVE DISORDERS AS PART OF TRAUMA WORK

This supervision session will help participants understand dissociative disorders and their connection to trauma, learn techniques for safely and effectively working with dissociative symptoms and develop skills for creating a safe therapeutic environment for clients with dissociative experiences.

FRIDAY

28TH MARCH

10AM - 12PM

CLIMATE CHANGE AND YOUNG PEOPLES MENTAL HEALTH

This supervision session will help participants understand the psychological impact of climate change on young people, recognise symptoms of climate anxiety, eco-grief, and related mental health concerns and learn intervention strategies to support young clients dealing with climate-related distress.

FRIDAY

11TH APRIL

10AM - 12PM

ETHICS AND DIGITAL LITERACY IN CLINICAL PRACTICE

This supervision session will assist participants to identify fundamental ethical principles of psychology practice (i.e., confidentiality, informed consent, autonomy and integrity) and how these intersect with digital literacy. Discussion will focus on client care, data management and professional responsibilities. Participants will discuss their own practice and evaluate potential risks and ethical dilemmas associated with digital tools.



Dr Justine Evans



Zoom Link: <https://us02web.zoom.us/j/5584403166>

CLINICAL PSYCHOLOGIST

FRIDAY
18TH APRIL
10AM - 12PM

IMPLEMENTING BEHAVIOURAL FAMILY INTERVENTIONS

This supervision session will help participants understand the principles and methods of behavioural family intervention, and learn strategies to help families manage and reduce problematic behaviours. The session will combine theoretical knowledge with practical skills and role-play exercises to enhance participants confidence and competence in behavioural family intervention.

FRIDAY
9TH MAY
10AM - 12PM

CULTURAL COMPETENCE AND SENSITIVITY IN PSYCHOLOGICAL PRACTICE

This supervision session will help participants develop cultural awareness and sensitivity, focusing on how cultural backgrounds influence mental health and therapeutic approaches. Discussions and case studies will allow participants to explore strategies for providing inclusive care.

FRIDAY
23RD MAY
10AM - 12PM

ETHICS AND PROFESSIONAL BOUNDARIES IN CLINICAL SETTINGS

This supervision session will focus on ethical decision-making. Supervisees will be encouraged to discuss ethical dilemmas they have encountered and will cover topics like managing confidentiality, dual relationships, and informed consent. Scenarios and group discussions will allow participants to explore complex ethical dilemmas and boundary-setting.

FRIDAY
30TH MAY
10AM - 12PM

EFFECTIVE TECHNIQUES FOR MOTIVATIONAL INTERVIEWING (MI)

This supervision session will provide a foundational understanding of MI and teach core techniques, such as open-ended questions, reflective listening, and summarising. MI skills will be practiced through supervisor led role play and case discussion.

FRIDAY
20TH JUNE
10AM - 12PM

ETHICAL DECISION-MAKING AND CULTURAL COMPETENCY IN CLINICAL PRACTICE

This will invite supervisees to discuss and reflect on common ethical challenges in clinical psychology, such as managing confidentiality, informed consent, and dual relationships. It will explore developing cultural sensitivity, ensuring that ethical considerations align with culturally responsive practices to support diverse client backgrounds.



Jasmine Kelly



🔗 Zoom Link: <https://us02web.zoom.us/j/4539708403>

PSYCHOLOGIST

WEDNESDAY
22ND JANUARY
7:30PM - 9:30PM

GRIEF AND LOSS

A practical guide to understanding grief and loss presentations in client work. This group will discuss the complexity and variety of grief and loss across domains. Jasmine will demonstrate relevant skills and aim to improve your confidence and competence in how to respond to clients with acute and chronic presentations.

THURSDAY
30TH JANUARY
7:30PM - 9:30PM

INTRODUCTION TO FAMILY/DOMESTIC VIOLENCE

Domestic/Family Violence is a complex and difficult area of practice, this group is designed to be a crash course in understanding the do's and don'ts of supporting clients experience domestic violence.

WEDNESDAY
5TH FEBRUARY
7:30PM - 9:30PM

NPE - EXAMPLE QUESTIONS AND DISCUSSION

See brand new example questions and discuss all things NPE in a supportive group setting.

THURSDAY
13TH FEBRUARY
7:30PM - 9:30PM

INTRODUCTION TO COGNITIVE BEHAVIOURAL THERAPY

A brief introduction to Cognitive Behavioural Therapy (CBT) skills - including theoretical model, psychoeducation demonstration, and useful resources. Jasmine will discuss a three session, and six session intervention plan using CBT.

WEDNESDAY
19TH FEBRUARY
7:30PM - 9:30PM

INTRODUCTION TO ACCEPTANCE AND COMMITMENT THERAPY

Acceptance and Commitment Therapy (ACT) techniques can be integrated into your current practice. Jasmine will start with an overview of ACT and then demonstrate specific skills and techniques.

THURSDAY
27TH FEBRUARY
7:30PM - 9:30PM

HOW TO WORK WITH PARENTS AND PARENTING

Working with parents can at times be challenging when working with children and adolescents. Jasmine will discuss how to most effectively work with parents as well as resources/tips for intervention focused on parenting skills.

WEDNESDAY
5TH MARCH
7:30PM - 9:30PM

INTRODUCTION TO WORKING WITH TRAUMA

This group aims to help improve your understanding of trauma presentations in a wide variety of clients. This group will cover neurological perspective, assessment, intervention, and Attention Deficit Hyperactivity Disorder (ADHD).

THURSDAY
13TH MARCH
7:30PM - 9:30PM

SCHOOL REFUSAL

This group will teach practical strategies and evidence based information to address one of the hardest presentations when working with school age children who can't or won't attend school.



Jasmine Kelly



Zoom Link: <https://us02web.zoom.us/j/4539708403>

PSYCHOLOGIST

WEDNESDAY
19TH MARCH
7:30PM - 9:30PM

PLAY THERAPY

Develop therapy skills to utilise play as part of your therapeutic intervention, imperative for those working with children.

THURSDAY
27TH MARCH
7:30PM - 9:30PM

TREATMENT PLANNING AND HOW TO STRUCTURE AN INTERVENTION

Many provisional psychologists feel overwhelmed by how to plan an intervention. Jasmine will take you through a few blue prints to use as a base for your client work, and how to tailor a plan for your client and your style.

WEDNESDAY
2ND APRIL
7:30PM - 9:30PM

WORKING WITH TEENAGERS

Working with adolescents is an interesting and rewarding field of work. Come and learn more about developmentally appropriate/inappropriate behaviour and how to engage teenagers in the therapeutic process.

WEDNESDAY
9TH APRIL
7PM - 9PM

NPE - EXAMPLE QUESTIONS AND DISCUSSION

See brand new example questions and discuss all things NPE in a supportive group setting.

THURSDAY
10TH APRIL
7PM - 9PM

SCHOOL PSYCHOLOGY

School Psychology is a fascinating and diverse area of practice. Jasmine will discuss her experience in this field as well as important skill building on intervention, assessment, and management of complex presentations and difficult ethical problems.

WEDNESDAY
23RD APRIL
7PM - 9PM

RISK ASSESSMENT AND MANAGEMENT: SUICIDAL IDEATION AND SELF HARM

Learn key skills to better understand self harm and suicide. Jasmine will demonstrate and share resources to effectively assess, risk manage, and document self harm and suicide risk. There will be a specific focus on how to apply these skills when working with teenagers and how to inform parents/carers.

THURSDAY
24TH APRIL
7PM - 9PM

ANGER MANAGEMENT WITH CHILDREN

Many children struggle with emotion regulation and anger issues. Improve your understanding and therapy skills to address this complex issue.

WEDNESDAY
14TH MAY
7PM - 9PM

IMAGE BASED ABUSE - UNDERSTANDING THE LAWS AND BEST PRACTICE TO HELP YOUNG PEOPLE BE SAFE ONLINE

Working with child and adolescent clients will sometimes mean entering the confusing world of internet and safety. Jasmine will talk through laws relating to child pornography, deep fakes, and psychoeducation to stay safe whilst using social media.



Jasmine Kelly



🔗 Zoom Link: <https://us02web.zoom.us/j/4539708403>

PSYCHOLOGIST

THURSDAY
15TH MAY
7PM - 9PM

INTRODUCTION TO WORKING WITH EATING DISORDERS

Eating Disorders are a complex and dangerous area of practice. Jasmine will focus on understanding and assessing the most common forms of disordered eating.

THURSDAY
22ND MAY
7PM - 9PM

SUPPORTING GENDER DIVERSITY

Gender diversity is an ever growing area of practice for many Psychologists. Jasmine will help you to better understand gender diversity, how to be an ally, and autistic clients who are also gender diverse.

WEDNESDAY
28TH MAY
7PM - 9PM

ART THERAPY

Combine your enthusiasm for psychology and creativity, an introduction on how to use art as part of your therapeutic intervention. These skills can be used across the lifespan, but there is a specific focus on working with children.

THURSDAY
5TH JUNE
7PM - 9PM

NEURODIVERSE ASSESSMENT (BASICS OF ASD AND ADHD ASSESSMENT)

An introduction to using the scientist practitioner model to inform assessment of ND in children, adolescents, and adults.

WEDNESDAY
11TH JUNE
7PM - 9PM

NPE - EXAMPLE QUESTIONS AND DISCUSSION

See brand new example questions and discuss all things NPE in a supportive group setting.

THURSDAY
19TH JUNE
7PM - 9PM

ATTENTION-DEFICIT HYPERACTIVITY DISORDER (ADHD) - WOMEN AND GIRLS

Discuss the rapidly changing field of assessment and intervention. Learn classic signs and symptoms that your client might have undiagnosed ADHD.

WEDNESDAY
25TH JUNE
7PM - 9PM

OCD - ASSESSMENT AND TREATMENT OF OBSESSIVE COMPULSIVE DISORDER

Jasmine will take you through the possible signs your client has OCD. DSM diagnostic criteria, screeners, formulation, and intervention.



Kelly Wozencroft



[Zoom Link: https://us02web.zoom.us/j/3139569433](https://us02web.zoom.us/j/3139569433)

EDUCATIONAL & DEVELOPMENTAL PSYCHOLOGIST

FRIDAY
17TH JANUARY
3PM - 5PM

WORKING WITH SCHOOL REFUSAL (PRIMARY SCHOOL AND HIGH-SCHOOL)

This group supervision will explore triggers and formulation for school refusal as well as support and strategies to manage.

FRIDAY
31ST JANUARY
3PM - 5PM

WORKING WITH CHILDREN: RESPONDING TO CHALLENGING BEHAVIOURS (IN SESSION)

This group supervision will provide an understanding of possible triggers underlying challenging behaviours that may occur in therapy session. It will also include practical strategies to respond and de-escalate.

FRIDAY
14TH FEBRUARY
3PM - 5PM

WORKING WITH CHILDREN: THERAPY APPROACHES FOR CHILDREN WITH ANXIETY, PERFECTIONISM, AND/OR OBSESSIVE COMPULSIVE DISORDER (OCD)

This group supervision will provide an overview of therapy approaches for supporting children with anxiety.

FRIDAY
28TH FEBRUARY
3PM - 5PM

WORKING WITH PATHOLOGICAL DEMAND AVOIDANCE (PDA)

This group supervision will provide an overview of Pathological Demand Avoidance (PDA) as well as formulation and therapy approaches.

FRIDAY
14TH MARCH
3PM - 5PM

ASSESSMENT: INTRODUCTION TO ATTENTION-DEFICIT HYPERACTIVITY DISORDER (ADHD) ASSESSMENTS

This group supervision will provide an overview of the traits for ADHD as well as assessment process and tools.

FRIDAY
28TH MARCH
3PM - 5PM

ASSESSMENT: INTRODUCTION TO AUTISM SPECTRUM DISORDER (ASD) ASSESSMENTS

This group supervision will provide an overview of the traits for Autism Spectrum Disorder as well as assessment process and tools.

FRIDAY
11TH APRIL
2PM - 4PM

ASSESSMENT: ASSESSING AND DIAGNOSING SPECIFIC LEARNING DISORDERS (SLD'S)

This group supervision will provide an overview of the assessment and diagnosis process for SLD using the Wechsler assessments. It will also go through theoretical underpinnings, tips for score interpretation, and differential diagnoses to consider.

FRIDAY
9TH MAY
2PM - 4PM

WORKING WITH CHILDREN: THERAPY APPROACHES FOR CHILDREN DIAGNOSED WITH AUTISM SPECTRUM DISORDER (ASD)

This group supervision will provide an overview of therapy approaches and session ideas for supporting children with ASD.



Kelly Wozencroft



[Zoom Link: https://us02web.zoom.us/j/3139569433](https://us02web.zoom.us/j/3139569433)

EDUCATIONAL & DEVELOPMENTAL PSYCHOLOGIST

FRIDAY
23RD MAY
2PM - 4PM

WORKING WITH CHILDREN: THERAPY APPROACHES FOR CHILDREN DIAGNOSED WITH ATTENTION-DEFICIT HYPERACTIVITY DISORDER (ADHD)

This group supervision will provide an overview of therapy approaches and session ideas for supporting children with ADHD.

FRIDAY
6TH JUNE
2PM - 4PM

WORKING WITH CHILDREN: RESPONDING TO CHALLENGING BEHAVIOURS (IN SESSION)

This group supervision will provide an understanding of possible triggers underlying challenging behaviours that may occur in therapy session. It will also include practical strategies to respond and de-escalate.

FRIDAY
20TH JUNE
2PM - 4PM

WORKING WITH CARERS/PARENTS

This group supervision will provide an overview of parenting approaches to support parents/carers with managing emotions and behaviours in children and adolescents. It also includes how to work with parents/carers who are burnout and/or disengaged.



Seng Tan



[Zoom Link: https://us02web.zoom.us/j/7537622618](https://us02web.zoom.us/j/7537622618)

EDUCATIONAL & DEVELOPMENTAL PSYCHOLOGIST

SATURDAY
8TH MARCH
9AM - 11AM

RISK ASSESSMENT: RISK ASSESSMENT FOR CLIENTS EXPERIENCING SUICIDAL IDEATION AND/OR SELF-HARM

Seng will discuss risk assessment processes and introduce Gate Keeper and ASIST, exploring key factors that increase risk and decrease risk. Whilst this group focuses strongly on suicide and self-harm risk, similar assessment processes can be applied to other risk situations, such as children absconding from school grounds. Seng will also discuss brief interventions for clients at risk and legal ramifications.

SATURDAY
17TH MAY
9AM - 11AM

FACTORS TO CONSIDER WHEN DEVELOPING A RISK AND/OR BEHAVIOUR MANAGEMENT PLAN

This group session will focus on aspects to consider when writing up a plan and can be applied at a school setting or a home setting. Seng will also discuss how to modify the assessment/plan for clients experiencing domestic violence to reduce risk in the home. Sample plans will be discussed to exemplify the practical implications of this session.

SATURDAY
14TH JUNE
9AM - 11AM

CRISIS PREVENTION

Seng will introduce the Crisis Development Model of crisis prevention and present a series of skills for intervening when encountering individuals in conflict or crisis situations. Seng will introduce: the Integrated Experience and its relevance when de-escalating a crisis, Restrictive Interventions and Post-Crisis concepts to take care of clients. This session aims to equip individuals with strategies for safely defusing anxious, hostile, or violent behaviour at the earliest possible stage.

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