**Intervention Case Report**

**Provisional Psychologist:**

**Diagnosis:**

**Primary Supervisor:**

**Word Count:**

**Case Report Intervention**

**BACKGROUND**

*Reason for referral*

* States reasons for the referral, referral source, and context of referral
* States the number of sessions and dates of client contact

*Presenting problem*

* Identifies and describes presenting problems and symptoms (mood, affect, cognition, behavior) or organizational issues in sufficient detail to support the development of a formulation and diagnosis

*Relevant history*

* Includes relevant demographic details
* Identifies relevant background information (client or organizational history)

*Developmental*

* Family structure, course of pregnancy, milestones, schooling experience

*Biological/medical*

* Disabilities, disease, surgery, medication, AOD use

*Social*

* Connectedness to the social world, patterns of relating, involvement in groups, social skills

*Psychological*

* Lifestyle, beliefs, worldview, patterns of mood

**ASSESSMENT**

*Preliminary assessment of symptoms and risk*

* Includes information regarding client’s current symptoms of issues at presentation
* Risk factors are discussed or assessed and report states how any identified risks are managed (if any)

*Observations at interview*

* Describe client’s presentation at interview, behavioural observations, demeanor, current mental state

*Assessment findings*

* Describes assessment methods and any appropriate tests that have been selected for assessment
* Provides a brief rationale for assessment methods and tests
* Assessment methods and tests have been used and interpreted appropriately
* Includes a summary of results and correctly integrates this information within the context of the overall assessment

**ANALYSIS AND DIAGNOSIS**

*Formulation*

* Identifies the predisposing vulnerabilities, precipitating (triggers), perpetuating (maintaining) and protective factors
* Develops case formulation that integrates factors that account for the client’s presenting problem or target behavior

*Predisposing*

*Precipitating*

*Perpetuating*

*Protective*

*Discussion of evidence based theories*

* Discusses relevant evidence based theories and models, including how these inform diagnosis, formulation, and intervention delivery

*Diagnosis*

* Provides formal diagnosis using standard diagnostic/classification systems relevant to the area of practice (organisational diagnosis must be based on psychological tools and processes)
* Includes discussion about whether symptoms meet all diagnostic criteria using examples from the client’s presentation (or organisational diagnosis must be justified); if a diagnostic classification system is used, the intern must demonstrate their ability to establish whether each of the diagnostic criteria for each of these have been met; if a diagnostic classification system is not employed the intern must indicate which system or framework is being used and justify how the diagnosis has been derived
* Explores differential diagnoses providing reasons for inclusion or exclusion

**PLAN AND INTERVENTION**

*Intervention plan*

* Provides a brief outline of a proposed intervention plan showing clear and specific treatment goals/targets and plans for managing risk factors if these are indicated
* Ensures that plans are clearly linked with the diagnosis and formulation and relevant evidence based theories are discussed
* Ensures that the proposed plan is realistic given the experience of the provisional psychologist, the complexity of the issues and the number of session available for treatment

*Goals*

*Treatment plan*

*Implementation of intervention*

* Demonstrates that the delivery of the intervention is consistent with the plan
* Provides a succinct summary of the intervention process that demonstrates intervention skills in implementing the plan
* Provides specific examples of how the intervention was applied to demonstrate the psychologists skill

**EVALUATION AND REFLECTION**

*Evaluation of the intervention outcome*

* Describes methods use to evaluate the effectiveness of the intervention
* Evaluates the outcome or effectiveness of the intervention and any specific changes in presenting symptoms, or organizational performance

*Personal reflection on case report*

* Includes a brief discussion of the strengths and weaknesses of the intervention
* Provides a personal reflection on the case, including lessons learnt and how practice might be modified in light of the experience
* Provides a reflection on the likely prognosis of the client and the need for any follow up sessions and/or referral to another health professional or service

**REFERENCES**

* Reference list is provide in APA format, including references to tests used